

Services

- Standard acupuncture
- Electronic acupuncture
- Laser Acupuncture
- Acupressure
- Cupping
- Infrared heating
- Standard moxibustion
- Electronic moxibustion
- Ear seeds
- Chinese herbal medicine
- Nutrition consultation
- Remote consultation
- Medical review
- Independent medical examination



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The Best Acupuncture & Chinese Medicine Care for Your Family in the Mid-South

We care about not only your single concerns, but also the whole health of physical, mental, emotional, and spiritual well-beings.

Frequently Asked Questions



What is acupuncture?

Acupuncture is one of the oldest, most commonly used medical techniques in the world. It is one of the key components of traditional Chinese medicine and belongs to complementary and alternative medicine (CAM) in the United States.

Is acupuncture effective?

More and more strong modern evidence proves that acupuncture is very effective in dealing with pain, respiratory and immune disorders. In addition, acupuncture is also effective for the treatment of many other common diseases, such as anxiety, addiction, and stroke.

What will happen on my first visit?

During your first office visit, you will be asked to fill out an intake form where your health condition, lifestyle, and behavior issues will be requested. Then practitioner will talk about some issues in more details, feel your pulse, and check your tongue to obtain a complete picture of your physical, mental, spiritual well-beings.

How should I prepare for acupuncture treatment?

We recommend wearing loose, comfortable clothing, avoiding vigorous exercise and eating a big meal within one hour of your appointment and not fasting for more than six hours before your appointment.

Top Ten Issues Treated by Acupuncture

— World Health Organization (WHO)



- Low back pain
- Neck pain
- Sciatica
- Tennis elbow
- Knee pain
- Periarthritis of the shoulder
- Sprains
- Facial pain
- Headache
- Dental pain